

Helen Sparling
Miller Arts Scholar, Studio Art
Spring 2025
Arts Scholars Artist Minigrants

Painting Supplies Purchases Outcome

With the generous support of the Miller Art Scholars McKinnon minigrant, I was able to purchase the necessary art supplies to complete my painting independent study and continue to progress as an artist in my studio practice.

I started oil painting a few years ago. Over time, I developed preferences for specific paint brands and colors. In the past, I exclusively purchased Winsor & Newton Artist Oil Colors. Since taking painting classes at UVA, however, I learned that other brands such as Williamsburg paints provide additional colors that are essential for achieving specific hues. For example, the lemon yellow Williamsburg brand oil paint is excellent for mixing bright greens. These greens are not achievable with the Winsor and Newton cadmium yellow I used in the past.

Additionally, part of my independent study this year involved increasing the dimensions of my work, creating larger paintings that grant ample room for expressive brush strokes. Thus, the mini grant money was also spent on larger high quality brushes, primer, and a power sander (I work on masonite wood panel). All of these materials allowed me to expand my work in an efficient manner so that the majority of my efforts were spent on making art, not tedious preparation such as hand sanding large boards.

I am excited to continue growing as an artist with the help of these new materials. I look forward to my fourth year at UVA where I will have the opportunity to use these materials in my fourth year show.

<i>Cost</i>	<i>Item</i>
\$40.03	Liquitex Basics Acrylic Gesso, 1 Gallon
\$7.50	Winsor & Newton Artists' Oil - Ivory Black, 37ml Tube
\$22.50	Winsor & Newton Artists' Oil - Zinc White, 200ml Tube
\$9.85	Winsor & Newton Artists' Oil - Alizarin Crimson, 37ml Tube
\$22.50	Winsor & Newton Artists' Oil - Burnt Sienna, 200ml Tube

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\$18.00	Winsor & Newton Artists' Oil - Cadmium Red, 37ml Tube
\$18.00	Winsor & Newton Artists' Oil - Cadmium Yellow, 37ml Tube
\$33.38	Williamsburg Handmade Oil Paint - Cadmium Lemon, 37ml Tube
\$22.50	Winsor & Newton Artists' Oil - Yellow Ochre, 200ml Tube
\$18.00	Winsor & Newton Artists' Oil - Cerulean Blue, 37ml Tube
\$18.00	Winsor & Newton Artists' Oil - Cobalt Blue, 37ml Tube
\$27.50	Winsor & Newton Artists' Oil - French Ultramarine, 200ml Tube
\$147.39	Mimik Kolinsky Synthetic Sable Short Handle Brush, Mottler Duo Set 2" & 3"
\$21.48	Jerry's Artarama tax
\$7.98	Wooster Brush R017-9 Sherlock Roller Frame, 9-Inch
\$34.99	SKIL 5" Random Orbital Sander with Cyclonic Dust Box & 3pc Sanding Sheet - SR211601, Multicolor
\$9.99	Pro Grade - Paint Roller Covers - 1/2 X 9 Inch Microfiber 5 Pack
\$13.99	100PCS 5 Inch 8 Holes Sanding Discs 60 120 240 400 600 800 1000 1200 1500 2000 Grit Sandpaper Sander Round Sand Paper (100pcs 60-2000 grit)
\$3.54	Amazon Tax

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Example works from my Independent Study



Untitled. 2025. Oil on masonite. 26x36"



Untitled. 2025. Oil on masonite. 18x13"



Untitled. 2025. Oil on masonite panel. 22x16"



Untitled. 2025. Oil on masonite panel. 21.5x16"