

Heidi Waldenmaier

Mini-Grant Proposal

Professor Michael Rasbury

5 October 2018

## **Company Class with the Charlottesville Ballet**

### **DESCRIPTION**

The Charlottesville Ballet offers open company class every weekday at 10am. I'd like to attend this class every Friday morning for the remainder of the semester. Although I am a dance minor and would love to take class with the department, my class and rehearsal schedule as a drama major does not allow for it at this time. Each ballet class costs 19 dollars with my student discount which will add up, making it beyond what is affordable on my student budget. I am asking for 200 dollars to fund tuition and gas expenses over the course of the semester.

### **IMPORTANCE**

Over the summer, I worked at *The Lost Colony* as a dancer where I performed 6 nights a week and took class twice a week. I enjoyed the rigor of dancing constantly, but I haven't been able to take technique classes here in Charlottesville. I've badly missed the physical demands, technical progress, and improved memorization that frequent dancing provides. Although it would only be once a week, taking a ballet class will keep me in mental and physical shape despite my hectic show and academic schedule.

I took Ballet II during the first semester of my first year and have not taken a consistent ballet class since. Training with the Charlottesville Ballet will give me an opportunity to reconnect with my classical training and improve on a technique that I haven't been able to work on for some time. Dance classes will inherently improve my dancing, but a better connection with my body can help with my acting training and facilitate my learning in university classes, including Improv and Acting II. My outcome report will include photos and videos from class, as well as a short journal including discoveries and improvements made during the next few months.

## **BUDGET**

Total classes I am able to attend: 8, the first being on October 19th and the last on December 14th with a break during Thanksgiving.

At \$19 dollars per class, the total cost is \$152 dollars for the rest of the semester.

With an additional 48 dollars for gas money to travel to and from the Charlottesville Ballet which is located approximately 15 minutes from my home, the total comes to **\$200**.