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### Resources for Dance Videography and Technique Improvement

When I put my heart and soul into a piece of choreography, usually all I have to remember it by and show for it is a low quality cell phone video filmed from the back of the dancers in the mirror. I love watching these videos though. They have a special place in my heart. However, when I show them to other people, I am often met with confusion. It is hard for other people to register what I am trying to communicate to my audience through the lense of a narrow cell phone camera, filtered by the reflection of a mirror. Accordingly, my goal is to start compiling a collection of high quality videos of my dancing and choreography. This material could potentially even be used to update my current dance reel (made with an iPhone camera).

I purchased a GoPro on my own, but soon realized it takes much more than a wide angle lense to make a high quality dance video. I spoke to a professional videographer who gave me the advice that, for dance, a rollable tripod, or a dolly was key for capturing all aspects of the dance. To assemble this set up I need three components: a tripod mount for the GoPro, a tripod, and a tripod dolly. It is possible to purchase a device that combines all of these components; however, the price far exceeds the cost of buying them separate.

To test out the new setup, I plan to record the piece I am choreographing for the Virginia Dance Company in the Spring of 2018 as my first project. I would want to do this in either the Caplin or the Helms; however, if it seems infeasible to book a time for space, I would be interested in resetting the piece as a site specific work. It would be fascinating to see how much the piece would change if the dancers were not only adapting to a new space but also dancing with the awareness that their movement is now for the camera.

In addition to my venture into dance videography, I would like to allocate a significant portion of money for improving my technique over the summer, and getting back into rigorous, consistent classes. For this, the proper footwear is essential, and I want to purchase ballet and jazz shoes beforehand. Normally, I take classes at my old studio for free over the summer, but my internship position will take me much further away from home this year, and I want to continue to improve upon my training without making huge sacrifices. A specific studio is not given because I do not know which internship I will get yet.

The internships I do over the summer are typically low paying aerospace engineering positions, and I do not work during the school year so that I am able to dedicate as much time as I do to dance, along with my engineering course work. For this reason, help pursuing a meaningful way to collect and improve upon my art would be greatly appreciated.

Process:

Objectives: Be able to document my choreography in a meaningful, high quality manner. To improve upon my technique and style over summer 2018.

Significance: I want to eventually work in the dance world in some capacity, whether it be as a choreographer or as a dancer. Just as watching myself helps me tweak and make my dancing better, videotaping my choreography helps me to critique and improve upon my choreography. This would help me get ready to choreograph for the Dance Concert 4th year.

Procedure:

1. Order a tripod, a tripod mount for the GoPro, and a tripod dolly off of amazon for free shipping, or go to store and purchase items. (Whichever has the best price)
2. Once location of internship is determined, research and locate a dance studio in the area, and sign up for a few weekly classes, funds permitting, spanning the duration of the internship. (Likely the whole summer).
3. Purchase new ballet and jazz shoes from DiscountDance.com to have the proper footwear for the summer classes.
4. Request space in the Caplin or the Helms, seek help for basic lighting.
5. Use new video set up to film the dance I choreographed for the Virginia Dance Company for the Spring 2018 semester.
6. Continue to use new portable camera set up to document my choreography and dancing, in order to have material for dance reels in the future. In addition, use it to film footage to advertise the Virginia Dance Company and the UVA Dance Minor.

Budget:

Item	Price (varies based on retailer)
60" Pro Tripod for GoPro/ Magnus MaxiGrip Flexible Tripod (Black)	\$20.00
Universal GoPro Tripod Mount	\$10.00
Monoprice Camera Skate Dolly	\$36.00
Capezio Adult "Juliet" Leather Split-Sole Ballet Shoes	\$29.38
Adult "Pulse" Slip-On Jazz Shoes	\$41.65
Summer Classes (x3 per week)	\$350
Total	\$487.03

Please Note: because the location of my internship is still up in the air, the price for classes is

intermediate. I averaged the rate for Broadway Dance Center (higher prices) and a small dance studio I took classes from in Spain, Show Dance Studio (lower prices), to come up with a reasonable price for taking class 3x per week for 1 hour.