

## Minigrant Outcome Statement

Bryce Cuthriell

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I sustained some injuries in late summer and early fall of 2018 that ultimately caused a lot of problems for my ability to dance, and following the department dance concert in the fall, I stopped dancing altogether to allow time for my injuries to heal. This coincided roughly with the time that I submitted my proposal for the grant. It was my intention to be able to use my time in New York to come back from my injuries as well as for artistic development. Between early November and early January, I did not take any ballet classes at all to allow for maximal recovery, and didn't dance in any capacity following the UVa department concert. Once I had had November and December to recover, to avoid losing the progress I made, I decided it would be best to begin dancing again by taking a few easier classes, and then after that begin taking harder classes again. I knew that I would be able to take classes at different levels of difficulty at Steps on Broadway. Also, per the advice of my physical therapist, I began to give myself a sort of mini class at home every day for about a week before I went to New York. I ultimately spent nearly three full days in the city, over which I took as many classes as I had time for and as my body would allow. I took two intermediate classes on my first day, and didn't have any trouble with my injuries, and for the rest of the trip I took mostly professional classes. I ended up taking classes with several different teachers, some of them more than once.

My complete expenditure report is as follows:

The \$500 grant went mostly toward lodging and travel expenses. The two of these together came to around \$430, and the remainder of the grant was used for class expenses. Each individual class that I took at Steps was \$21.